

September 2023

Hoof Beats

550 White Oak Drive

Santa Rosa Ca, 95409

(707) 539-8629

(707) 539-8634 [Reservation voice mail]

<http://www.wildoaksaddleclub.com>



President's Message **By John Meislahn**

Welcome to the beginning of fall in beautiful Sonoma County Wine Country. We started the month of August with a fantastic, sold-out Lobster feed at the club. The food was exceptional as always, and the atmosphere was fun and relaxing. The Farm-to-Table dinner was also a big hit as Chef Joe is very creative in treating us to menu selections that are only available, or at their peak flavor, at certain times of the year. It was a 5-star dinner for those in attendance. On August 25th, we enjoyed the ever-popular Prime Rib dinner night with Dan Kosta pouring his exclusive new wines. A big thanks to Tom Hinde who assisted with the pouring of the Convene wine label. Both the Chardonnay and the Pinot Noir were excellent, and Dan gave members a bargain on purchasing his wine. And let's not forget the great music by the 7th Sons Band. The firepit area was a rocking dance floor full of our members energetically cutting the rug. Suffice it to say, the evening was a big success.

On the last day of the month, we had a special Thursday night burger event with our own club member, nurse practitioner Jennifer Ammons bringing the Mobile Health Clinic and the brand new Mobile Dental Clinic to the club. Our members got a close-up look and personal tour to see how these mobile clinics operate and all the good Jen and her team do as they provide free walk-in care for community residents who lack insurance or access to care.

The end of Polo season is nearing as we finish up the schedule with our Sept. 3 Labor Day Weekend Exhibition Polo match. The afternoon offers a grilled buffet dinner, full bar and live music ... pictures to follow of all the hats and seersucker suits on display. Be sure you mark your calendars for our annual Car Show at the club on September 29th. This is always a fun night to see members' shiny vintage, antique and classic vehicles showcased, then enjoy a Prime Rib feast with after-dinner dancing to the tunes of Tommy Thomsen. A proud member of the Western Swing Hall of Fame, Tommy Thomsen is always a big hit with members.

It seems we say this every year, but it's hard to believe how fast the months fly by. Our gem of a club is still the place to be in Sonoma County with the BEST members, staff, cuisine, and entertainment! Thanks to everyone who contributes so much to our organization. We are hugely successful for lots of reasons: picturesque premises; dedicated staff; fine food, wine and libations; live entertainment; a variety of sports and activities; an engaged Board; and of course, our members' continued support and participation! I look forward to seeing you in September for more fun at our wonderful private club.

Social Activities for September & October

| | |
|--------------|---|
| September 1 | Friday Night Dinner |
| September 3 | NO Sunday Brunch - Polo Exhibition Party at 4:00pm |
| September 5 | Tightwad Tuesday Fried Chicken Dinner |
| September 7 | Burger Night |
| September 8 | Friday Night Farm-to-Fork Dinner |
| September 10 | Sunday Brunch |
| September 12 | Tightwad Tuesday |
| September 15 | Friday Night Dinner, live music by C&W vocalist TJ Carter |
| September 17 | Sunday Brunch |
| September 19 | Tightwad Tuesday |
| September 22 | Friday Night Dinner |
| September 24 | Sunday Brunch |
| September 26 | Tightwad Tuesday |
| September 29 | Friday Night Prime Rib Dinner & Car Show, Tommy Thomsen Band |
| September 30 | Youth Boost "Free to Be" Annual Gala, 4:30pm |
| October 1 | Sunday Brunch |
| October 3 | Tightwad Tuesday Fried Chicken Dinner |
| October 5 | Burger Night |
| October 6 | Friday Night Dinner |
| October 8 | Sunday Brunch |
| October 10 | Tightwad Tuesday |
| October 13 | Friday Night Farm-to-Fork Dinner |
| October 15 | Sunday Brunch |
| October 17 | Tightwad Tuesday |
| October 20 | Friday Night Dinner |
| October 22 | Sunday Brunch |
| October 24 | Tightwad Tuesday |
| October 27 | Friday Night Prime Rib Dinner |
| October 29 | Sunday Brunch |
| October 31 | Tightwad Tuesday (Halloween costumes are welcomed!) |

News from GM Lori ... Special Events!

September

- Labor Day Polo Exhibition, 4:00pm September 3
No Sunday Brunch on Sept. 3
- Burger Night September 7
- Friday Night Dinner, **music by C&W vocalist TJ Carter** September 15
- Prime Rib Night & Car Show, September 29
With the Tommy Thomsen Band
- Youth Boost "Free to Be" Annual Gala September 30

October

- Burger Night October 5
- Prime Rib Night October 27
- Tightwad Tuesday, HALLOWEEN! October 31
(Costumes are welcomed)

Birthdays!

We send our warmest wishes for a Happy Birthday to these wonderful members!

September Birthdays:

Alice von der Mehden, Barbara Katona, Barbara Peoples-Herrero,
Barbara Shubel, Bill Leder, Bob Riddell, Carl Flegal, Chuck Martzall,
Colleen Pundyk, Dan McMahan, Don Doherty, Dona Moberly, Eileen Trione,
Frank Panza, Grace Barner, Judy Archambeau, Mark Randol, Norma Person,
Paul Simpson, Sam Guerrero, and Vicki Brecht.

Note: If you would like your name added to the monthly Birthday list, please sign up on the Birthday sheet tucked in the front flap of the black reservation book in the Club living room, (book on the table across from the piano).

Note to Members Who Enjoy the Swimming Pool

It would be greatly appreciated if after using the pool, you would place the pool chairs and assorted toys back where you found them before you leave the area, thank you.



Let the Good Times Roll!

The Sports & Activities Report from Kari Briner

Our membership continues to enjoy all sorts of games and activities inside and outside of our clubhouse. A full schedule of Saddle Club activities can be found on the Activities page of the WOSC website.

This month we will again enjoy a Lunch and Learn event on Wednesday, September 20 beginning at 11:45am. One of our members, Joe Pundyk, will present “The Importance of Renewable Energies”... a very timely topic. Remember to make an advance reservation to attend. Thank you, Joe for this enlightening presentation! Refer to the flyer in this month’s Hoof Beats for more information.

Sunday morning “Open Play” pickleball is growing in popularity. Cristie Marcus has arranged for a professional instructor, Adam McKinnon, to join us on Sunday, September 3rd. Thank you, Cristie!

You can easily be added to the pickleball list by reaching out to club member Robin Crawford at rncrawford8@gmail.com. “Newbies” are always welcome. Also, a reminder that you will need a court key from Lori, and you can reserve a court on the club website.

Please remember to reach out to Kari Vigeland-Briner with questions or to schedule a place for your group to meet. Kvigeland04@gmail.com

No one has more fun than we do!!



From Bob Briner, Arts & Entertainment Chair

The Entertainment season is winding down ... BUT! We ain't done yet.

We are going to double up in September with:



TJ Carter - Friday September 15th

Many of you will remember TJ as our Country and Western singer from last year. She is a very talented solo performer from Nashville who will charm you and make you want to sing along (and adopt her)!

Tommy Thomsen- Friday September 29th

Tommy is our Western Swing Hall of Fame local favorite. His band has been here for our September car show event for the last five years. Cowboy hats and Lucchese boots will be the order of the day.



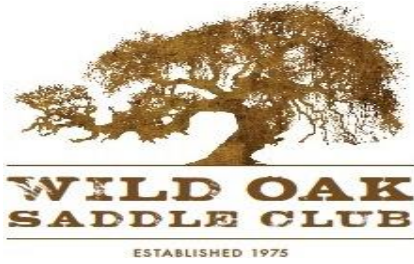
Duo Gadjo - Friday October 27th

You're gonna love this husband and wife team. Jazz with a French influence; suggested by Board member Mark Randol.

Dirty Cello Band - Friday December 22

Take classically trained symphony musicians, let 'em cut loose, and you get Dirty Cello! Led by Cellist Rebecca Roudman and Guitarist Jason Eckl, this is seriously fun entertainment that brings the house down!





LUNCH

Daily Soup – Cup \$6

Caprese Salad \$18

Sliced local heirloom tomatoes, burrata cheese, pesto vinaigrette, balsamic glaze, garden basil, with grilled baguette
Add sliced prosciutto +\$3

Lori's Salad \$17

Baby greens and romaine lettuce tossed in white balsamic vinaigrette with house-made applewood smoked bacon, oven roasted turkey breast, grilled shrimp, avocado, grape tomatoes, and hard-boiled egg

Grilled Salmon Salad \$20

Grilled salmon, garden greens, capers, olives, cucumber, and pickled red onions with a creamy lemon-dill vinaigrette

BLTA \$17

House-made applewood smoked bacon, local heirloom tomatoes, avocado, and baby garden greens with aioli on artisan sourdough toast

Shrimp Salad Croissant \$17

House-poached shrimp salad, iceberg lettuce, red onions, diced tomatoes, toasted fresh-baked croissant

California Turkey Melt \$17

Oven roasted turkey breast on grilled sourdough with cheddar cheese, house-made applewood smoked bacon, grilled onions, avocado, and tomato

Grilled Chicken Ciabatta \$17

Grilled chicken breast, sauteed bell peppers, baby spinach, cheddar cheese, and avocado mayonnaise on grilled ciabatta roll

Bacon Cheddar Burger \$17

Local ground beef patty with house-made applewood smoked bacon, cheddar cheese, lettuce, tomato, onion, and house-made dill pickles on a grilled bun
Impossible Burger (plant based) available +\$3

Sandwiches served with fries, garlic fries, side fruit, or small garden salad

An 18% gratuity will be added to all bills

“Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.”

Tightwad Tuesday

Clubhouse opens at 5:30pm

\$22.00 + tax per person

September 5th, 2023

Fried Chicken

Garden Salad

Baby Greens, Radishes, Strawberries,
Shaved Carrot, Lemon Vinaigrette

Roasted Vegetables

Mashed Potatoes and Gravy

Buttermilk Biscuits

Dessert:

Red Velvet Cake

September 12th, 2023

Chicken Cordon Bleu

Garden Salad

Black Berries, Dried Cherries, Radishes,
Lemon Vinaigrette

Roasted Vegetables

Saffron Rice Pilaf

Dessert:

Banana Bread Pudding with
Whipped Cream

September 19th, 2023

Pepperoni and Sausage Pizza

BBQ Chicken Pizza

Hawaiian Pizza

Vegetable Supreme Pizza

Caesar Salad

Roasted Vegetables

Dessert:

Black Berry Cheesecake

September 26th, 2023

House-Smoked BBQ Pork Ribs

Garden Salad

Dried Cherries, Beets, Radishes, Lemon
Vinaigrette

Corn on the Cob

Potato Wedges

Cornbread

Dessert:

Three-Berry Crisp
with Whipped Cream

Friday Night Dinner

Clubhouse opens 5:30pm

Dinner 6:45pm

\$50.00 + tax per person with alcohol

\$40.00 + tax per person without alcohol

September 1st, 2023

Family Style Dinner

House-Made Bacon Wrapped Chicken

Breast over Saffron Rice Pilaf

Crispy Fish Tacos with Cabbage Slaw
and Chipotle Cream

Marinated Cucumber Salad

Pickled Red onions, Grape Tomatoes, Baby
Greens, Lime Vinaigrette

Corn Succotash

Dessert:

Strawberry Panna cotta

September 8th, 2023

Family Style Dinner

Farm to Fork

Sourcing the Best local ingredients; menu
will be announced Tuesday, September 5th

September 15th, 2023

Mixed Grill Night

Hand Carved Grilled Steaks,

BBQ Chicken, Ribs,

Grilled Fish, and Sausages

Caprese Salad Platter

Butter Lettuce Salad

Zucchini Au Gratin

Dessert:

Kozlowski Farm's Pie with

Vanilla Bean Ice Cream

\$70.00 + tax per person with alcohol

\$60.00 + tax per person without alcohol

September 22nd, 2023

Family Style Dinner

Beer Braised Beef Short Ribs

Pesto Crusted Sea Bass

Apple and Candied Pecan Salad

Baby Greens, Baby Spinach, Feta Cheese, Apple
Cider and Maple Vinaigrette

Roasted Romanesco, Butternut Squash,
and Baby Carrots

Risotto

Parmesan Cheese and Sundried Tomatoes

Dessert:

Peach Upside-Down Cake with Whipped
Cream

September 29th, 2023

Prime Rib Dinner

Roasted Prime Rib of Beef, *au jus*

Petrale Sole with Butter Braised Leeks

Roasted Beet Salad

Baby Greens, Lolla Rosa, Local Figs, Parmesan
Cheese, Roasted Pistachios, Lemon Vinaigrette

Pesto Mashed Potatoes

Braised Greens with

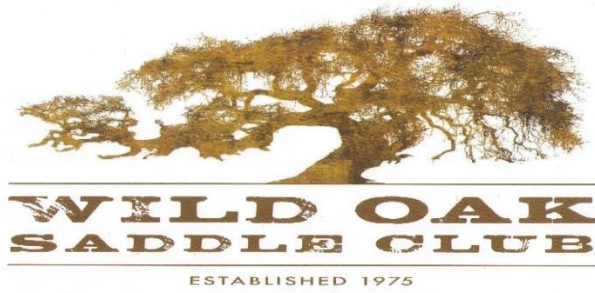
Late Summer Squash

Dessert:

Assorted Mini Desserts

\$70.00 + tax per person with alcohol

\$60.00 + tax per person without alcohol



Burger Night

Thursday September 7th, 2023

Clubhouse opens at 5:00,

Burgers at 6:15



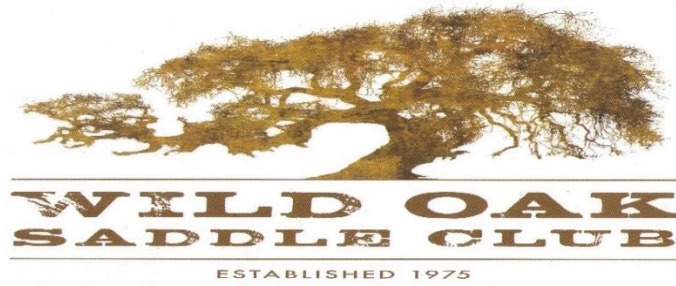
Come Join us for Burgers with all the Fixings!

- Wine Pour & Full Bar During Cocktail Time 5:00-6:15pm
 - Ice Cream Sandwiches
 - \$30+ tax per person

Reservations Required

(707) 539-8634 or

Reservations @wildoaksaddleclub.com



Burger Night

Thursday October 5th, 2023

Clubhouse opens at 5:00,

Burgers at 6:15



Come Join us for Burgers with all the Fixings!

- Wine Pour & Full Bar During Cocktail Time 5:00-6:15pm
 - Ice Cream Sandwiches
 - \$30+ tax per person

Reservations Required

(707) 539-8634 or

Reservations @wildoaksaddleclub.com

Labor Day Weekend Exhibition Polo!

Sunday, September 3rd

4:00 p.m. – 7:00 p.m.



**Come for a late-afternoon of hoof-pounding excitement!
Enjoy the Wine Country Polo Club's Exhibition Match
from the Saddle Club deck and grounds!**

Polo—the oldest of equestrian sports—is a captivating display of horsemanship once enjoyed only by royalty. The Wine Country Polo Club includes world-class international players, many at the highest level of polo.

Events of the day:

- ◆ Grill-out Buffet Dinner
- ◆ Full Bar, Fine Wines & Beer
- ◆ Live Music
- ◆ Limited seating

**Fashionistas, get out your elegant, flamboyant outfits
and join us for this memorable event!**

\$50 + tax per person

Please make your reservations early!

reservations@wildoaksaddleclub.com or (707) 539-8634



WOSC Lunch & Learn Wednesday, September 20

Joe Pundyk, Chemical Engineer “The Importance of Renewable Energies”

Joe Pundyk has been a practicing Chemical Engineer since June 1963 after he graduated from CCNY and USC. His specialty is heat transfer and thermodynamics, and his major expertise is converting renewable energy into power. Joe has been working in the renewable energy field since its inception in the 1970s.

Joe has worked at refineries and plants converting waste heat to power. He worked on the first US solar project called Solar 1, the first geothermal plants using advanced cycles and the use of LNG to produce cold energy to power. Joe founded a company in 1972 that wrote software that simulates furnaces, software that was licensed by many of the world's major refiners and their contractors. He sold the firm in 2009 and has mainly been retired since 2010.

Over the last 60 years, Joe has been involved in the design of almost every important development in renewable energy and in power plants, including:

- *Small Nuclear Power Plants for use in satellites to spy on the Russians
- *Refineries, petrochemicals and power plants * Geothermal power plants
- *Improving the efficiency of large scale nuclear power plants, like Diablo Canyon
- *Solar power plants using 1979 central receiver solar using heliostats or mirrors
- *Power plants using steam generators, diesel type engines, gas turbines and wind turbines
- *Solar Photovoltaic power plants
- *LNG based power plants using cold energy to produce power

When the price of oil jumped due to Mideast Wars and the development of OPEC, the U.S. decided it needed alternative means of applying energy and power. Solar and wind energy are now the dominant methods of producing power.

Joe's comments will describe the ramifications of the use of renewable energies on the economy, atmosphere and our own financial viability and safety.

Lunch at 11:45, with presentation to follow

Advance Reservations Required

reservations@wildoaksaddleclub.com or 707.539.8634 (reservation line)

Members ... Start Your Engines!

Showcase Your Car - Classic or Modern in the WOSC Car Showcase
September 29th, before Prime Rib Dinner

5:30 Arrival & Libations

Car Show followed by Chef Joe's famous Prime Rib Dinner

After Dinner Dancing with *Western Swing Hall of Fame* Tommy Thomsen -
Singer, piano player, guitar picker extraordinaire!



Advance Reservations Required

Reservations@wildoaksaddleclub.com or Voice Mail (707) 539-8634

To participate in the car show, email Jolene Cortright at Jolene@Century21.com



Provide the details of your car including the make, year, owner(s), special items to mention, and a photo.

All cars welcome: collector classic, classic antique, modern or anything in between.

Please make your reservation by September 15th, as spaces are limited.

**FREE
TO
BE**

**BUILDING CONFIDENCE.
EMPOWERING YOUTH.**



The youth mental health crisis is the defining public health issue of our time.

~ 2023 Dr. Vivek Murthy, U.S. Surgeon General

You are invited to **FREE TO BE'S** Annual Gala

THE
the youth boost
EVENT

SATURDAY, SEPTEMBER 30

Wild Oak Saddle Club

4:30-8:00 in the evening

DINNER & DRINKS

\$150 per person

PURCHASE TICKETS TODAY!

www.freetobeteens.org/events



or: Make check payable to Free to Be

Mail to: 4983 Sonoma Hwy., Suite F, Santa Rosa, CA 95409

Free to Be cares about the health and well-being of all youth. With the enormous complexities and impact of social media, our goal is to promote a strong sense of self-worth in youth, building confidence and supporting their emotional health. **Free to Be** has the proven curricula, the credibility of a 30+ year history, a strong understanding of local needs and a high demand for our programs. We have the vibrant and intense momentum of a new mission grounded in the realities of today's youth culture.